

# Conversations at The Royal

2012 SERIES

Date	Title
February 16, 2012	Now That I've Been Diagnosed, How Do I Tell My Family, Friends and Colleagues
March 20, 2012	Women, Aging, and Mental Health
April 19, 2012	A Prescription for Happiness. 10 Things I Have Learned From My Patients
May 17, 2012	Battling Operational Stress Injuries
June 14, 2012	The Moody Blues: Coping with a Mood Disorder
September 20, 2012	Never Just Right – Solving the Puzzle of Obsessive-Compulsive Disorder
October 18, 2012	Getting the Low Down on Substance Use
November 15, 2012	Depression: the Brain, the Mind, the Family and Work
December 13, 2012	Poor, Sick and Homeless? The Impact of Social Determinants of Health on Women's Mental Health



Mental Health - Care & Research  
Santé mentale - Soins et recherche

All lectures are held at

**The Royal**

1145 Carling Avenue  
Ottawa, Ontario

## Conversations at The Royal 2012 Series – Free Admission

6:30 pm

Doors open and registration

7:00 – 8:30 pm

Lecture and Questions & Answers

**Please RSVP at 613.722.6521 ext. 6349**

For more information visit [www.theroyal.ca](http://www.theroyal.ca) or email [sue.riley@theroyal.ca](mailto:sue.riley@theroyal.ca)