

Anger Management Workshop

When: Tuesday February 28, 2012
6 – 8 pm. (Please arrive @ 5:45 pm)

Where: Catholic Immigration Centre: 219 Argyle
(between Bank and O'Connor), Room 113/114

Workshop will be delivered in English. If you need translation, please call us in advance and we will try to find someone to support you with translation (if available).

Facilitator: Angela Bretón, Psychotherapist. M.A. in Counselling.

If you need more information please contact:
angelabreton@hotmail.com or (613) 282 3916.

No pre-registration required, but desired.

Future workshops:

March 20, 2012; 6-8 pm: Couple Communication

These series of workshops are provided free of charge thanks to the Catholic Immigration Centre and Citizenship and Immigration Canada.

