



The Canadian Mental Health Association Ottawa Branch in partnership with the University of Ottawa Heart Institute, invite you to attend a community forum to

Start the Conversation about the Relationship between Tobacco Use and the Mental Health System:

Is it time to break up?



Friday March 23rd 2012, 9:00 AM – 3:00 PM
RA Centre 2451 Riverside Drive Ottawa in the Clarke Room

Morning Panel Discussion 9:00 AM – 12:00 PM

Breaking up is hard to do: Why tobacco is so hard to leave behind

Dr. Andrew Pipe, Chief of the Division of Prevention and Rehabilitation,
University of Ottawa Heart Institute

It treats you so badly: The impact of tobacco on the physical health of vulnerable populations

Dr. Jeff Turnbull, Chief of Staff, The Ottawa Hospital & Medical Director, Ottawa Inner City Health

It isn't easy to kick out: Why tobacco use is so difficult to address in psychiatric treatment settings

Lisa Murata, Clinical Nurse Educator, Royal Ottawa Mental Health Centre

You are better off without it: Why treating tobacco addiction works

Dr. Bob Reid, Deputy Chief, Division of Prevention and Rehabilitation, University of Ottawa Heart Institute

The panel will be facilitated by Dr. Tim Simboli, Executive Director CMHA

LUNCH IS PROVIDED 12:00 PM – 1:00 PM

Afternoon Consultation 1:00 PM – 3:00 PM

Stakeholder consultation regarding the barriers and **opportunities** to address tobacco use in your setting

Who should attend? Community and hospital mental health providers, emergency shelter providers, supportive and social/public housing providers, community primary health care practitioners, addiction treatment providers, and anyone interested with the impact of tobacco use on vulnerable populations.

Please call Donna-Lynn at Canadian Mental Health Association Ottawa at **613-737-7791** to register

There is no cost for this event! Register Early...space is limited! Parking is Free!