



**Caring and Sharing  
Exchange  
Food Hamper and Toy  
Registration**



*Are you in need of a  
food voucher or hamper  
for the Christmas season?*

*Could you use some  
assistance  
for toys for your kids?*

*Get registered before  
December 7, 2012  
Before time runs out!*

*For more information  
or to get registered contact  
The Housing Support  
Worker  
At 613-565-5885 ext. 18*

