



### SCHEDULE

Select which day(s) you will be attending:

Day 1: Monday, June 10, 2013
Day 2: Tuesday, June 11, 2013
Day 3: Wednesday, June 12, 2013
Day 4: Thursday, June 13, 2013
Day 5: Friday, June 14, 2013

### RATES

(early bird rates apply to registrations received before Saturday May 11, 2013)

Select which rate applies to your selection:

	Early Bird	Regular
One day	\$200	\$225
Two days	\$350	\$400
Three days	\$450	\$525
Four days	\$525	\$600
Five days	\$600	\$650

Fees include refreshments and all workshop materials. Lunch is not included. Our training services are HST exempt. Contact us to inquire on group discounts.

A confirmation of your registration will be sent to the coordinates below

### CONTACT INFORMATION

First/Last Name:	
Organization:	
Mailing Address:	
Address Line 2:	
Email:	
Telephone #:	
Fax #:	

### PAYMENT

TOTAL AMOUNT OWING:	\$	
Payment will be made via (please circle one):		
Cash/Debit (At Our Office)	Cheque (Enclosed)	Credit Card (Info Below)
Type of Card:	<input type="checkbox"/> Visa <input type="checkbox"/> Mastercard <input type="checkbox"/> Amex	
Name:		
Credit Card #:		
Expiry:	/	
I authorize The Men's Project to charge my credit card the amount indicated above:		
Signature:		

## In Collaboration With:



### 1in6 Canada: The Nation's Knowledge Centre on Sexual Trauma and Recovery

The centre's goal is to provide public education, training, counseling service direction, research and other resources to Canadians and agencies coast-to-coast-to-coast.

[www.1in6.ca](http://www.1in6.ca)

### The Men's Project

Is a professional counselling agency dedicated to men and their families. It offers individual, couple and group therapies, along with a dedicated, long-term sexual abuse treatment program.

[www.themensproject.ca](http://www.themensproject.ca)



**one in six**

Canada's knowledge centre on male sexual trauma and recovery



Summer 2013

## Summer Institute on Men, Trauma & Recovery

June 10 – 14, 2013

### CERTIFICATION

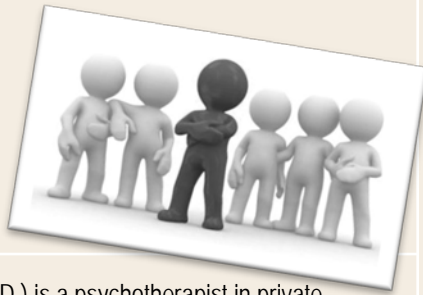
Certificates for submission for education credit will be provided upon completion of workshop(s).

### CANCELLATION POLICY

Cancellations made 10 business days prior to the session date will be fully refunded minus a 25% administration fee. Within 10 days of the session, there will be no refund. However, registrations can be transferred to a colleague. Please let us know if you transfer your registration, so that we can update our records for the session(s).

**The Men's Project**  
 180 Argyle Ave., Suite 321  
 Ottawa, ON K2P 1B7  
 Tel: 613.230.6179  
 Fax: 613.230.6173  
[www.themensproject.ca](http://www.themensproject.ca)

## Meet the Trainers



**Dr. Andy Fisher** (Ph.D.) is a psychotherapist in private practice, wilderness guide, and author of *Radical Ecopsychology: Psychology in the Service of Life* (SUNY Press).

**Monica Forst** (M.Ed., CCC, ICADC) is a seasoned professional with specific training in psychodrama and transactional analysis in the treatment of childhood trauma and addictions.

**Rick Goodwin** (MSW, RSW) is both the co-founder and Executive Director of The Men's Project, as well as co-author of: *Men & Healing: Theory, Research, and Practice in Working with Male Survivors of Childhood Sexual Abuse*

**Ray Roberston** (MSW, RSW) is a registered sex therapist in the Ottawa area who focuses on problematic sexual behaviour, sexual dysfunctions, relationship difficulties and sleep issues.

**Roy Salole** (MBBS, CTA) is a Physician and Certified Transactional Analyst and has been the Clinical Supervisor for The Men's Project since 2002.

**Dr. Brenda Saxe** (Ph.D.) is a Registered Clinical Psychologist and one of the founders of the Centre for Treatment of Sexual Abuse and Childhood Trauma in Ottawa where she served as Clinical Director for over ten years. She has lectured on trauma both nationally and internationally.

## Workshops

**Day 1: Monday, June 10, 2013**

### TRUTH TELLING:

#### The Case Statement for Male-Centred Trauma Therapy

Rick Goodwin, MSW, RSW & Monica Forst, M.Ed., CCC, ICADC

*Truth Telling* will explore both the conceptual and practice implications of a male-centred approach to trauma therapy. Examining many of the concepts imbedded in the new psychology of masculinity, this session will allow for a necessary conversation of what constitutes the critical intersection between male socialization and psychotherapy with men. This is essential learning in taking on work with male survivors, and is vital to ensure trauma treatment services have integrity and relevance in speaking to the reality of men's lives.

**Day 2: Tuesday, June 11, 2013**

### TRAUMA AND ATTACHMENT

Brenda Saxe, PhD

All personality development is based on one's attachment history within one's family of origin. When this attachment history is impacted by childhood sexual abuse, which is an attachment trauma, one's sense of safety and security not only within the family but also with the world is affected in multiple ways. This presentation will look at the effects that the trauma of childhood sexual abuse has on the development of the brain and the development of attachment, which in turn, impacts the development of mind and ultimately, personality. The topic of treatment of survivors of childhood sexual abuse from an attachment perspective will be addressed.

**Day 3: Wednesday, June 12, 2013**

### EXPERIENTIAL METHODS FOR TRAUMA THERAPISTS

Monica Forst, M.Ed., CCC, ICADC & Roy Salole, MBBS, CTA

*Experiential Methods for Trauma Therapists* is a hands-on training that focuses on three core experiential therapy skills for trauma therapists: The Containing Double, The Observing Ego, and Roles of Restoration. These essential skills have evolved from the Therapeutic Spiral Model approach to trauma therapy (see Kate Hudgins, 2002). Like all good approaches to experiential therapy, participants will not only be taught these techniques, but will have ample opportunity to practice them under the supervision of two of Ottawa's best trauma therapists. Be prepared to roll up your sleeves!

**Day 4: Thursday, June 13, 2013**

### SEX STUFF:

#### Dysregulated Sexual Behavior, Intervention & More

Ray Robertson, MSW, RSW & Rick Goodwin, MSW, RSW

Inevitably, the wounds of many male survivors permeate into their sexual and intimate lives. Sexuality issues abound: sexual compulsions, sexual identity confusion, sexual risk taking, sexual anorexia, infidelity, homophobia, fears of intimacy – and the list goes on. Given the weight of shame, these issues are generally not self-identified by survivors. It requires knowledgeable, sensitive and strategic interventions to bring these forward. The training will have a particular focus on understanding and engaging with dysregulated sexual behaviour. Amid the hype and media coverage of high profile celebrity cases, the "sex addiction" approach to conceptualizing poorly regulated sexual behaviour is often presented uncritically as the treatment modality of choice. This training will critically examine the assumptions and limitations of the sex addiction model in treating dysregulated sexual behaviour, as well as utilize clinical material to explore constructive treatment options grounded in the basics of psychotherapy.

**Day 5: Friday, June 14, 2013**

### The Nature of Men's Healing:

#### Ecopsychology & Ecotherapy in Action

Andy Fisher, PhD, (c)OACCPP

*Ecopsychology* is an exciting new field that highlights our membership in the natural world and promotes the healing power of nature. The related fields of ecotherapy and wilderness therapy have rapidly been gaining in popularity as scientific evidence for the therapeutic effectiveness of nature experience has consistently been demonstrated. This one-day workshop focuses on the use of ecopsychology and wilderness therapy in the journey of healing from male sexual trauma. This training will include both the conceptions of ecopsychology as well as the applications of wilderness "vision questing" in the healing of men as they reconnect with themselves and with their worlds.

