



Mental Health - Care & Research  
Santé mentale - Soins et recherche

Royal Ottawa Health Care Group Schizophrenia Program

**Friday, September 20, 2013**

**8:00 a.m. to 4:00 p.m.**

**Royal Ottawa Mental Health Centre**

**Associates in Psychiatry Auditorium**

**1145 Carling Avenue, Ottawa ON K1Z 7K4**

**8<sup>th</sup> Annual Community Update in Care and Treatment of Schizophrenia Present:**

***Unlocking Factors related to Treatment Resistance: Keys to Recovery***

**ORGANIZING COMMITTEE:**

Sharman Robertson, Bsc, MD

Alison Middlebro', RN

Joe Borracci, RN

Monica Tomaselli, RN

Carolyn Antonello, RN

Robert Hickson, CCADC

Matthew Kerr, Ph.D., C.Psych

Thu Seangio

Lucie Moore

**Overview:**

These intimate and interactive workshops are designed for community-based front line staff working with individuals with schizophrenia.

Content will address:

- Update on New Medications
- Update on Clozapine
- Responding to Crisis in the Community
- Cognitive and Negative Symptoms
- CBT for Residual and Complex Symptoms
- Strategies to deal with Addictions

Registration is limited to 125 registrants.

**Workshop Objectives:**

In these workshops, participants will:

1. Learn about the latest treatment advances, psychosocial issues, and challenges in the support and treatment of schizophrenia, and psychosis.
2. Learn and exchange views of community based leaders and caregivers who work with those living with schizophrenia.

**Target Audience:**

These workshops will be of particular interest to health care professionals who provide care and consultation to persons with schizophrenia, either in homes, hospitals, schools or the community. Managers and policy makers will also find the day useful.

8:00 - 8:30	<b>Registration &amp; Refreshments</b>
8:30 - 8:45	Welcome and Introductions
8:45 - 10:00	<b>Update on New Medications with Dr. Alain Labelle</b>
10:00 - 10:25	<b>Break</b>
10:25 - 11:30	<b>Update on Clozapine with Dr. Dave Attwood</b>
11:30 - 12:00	<b>Q&amp;A</b>
12:00 - 1:00	<b>Lunch</b>
1:00 - 2:15	<b>Workshops</b> Select one workshop from the four topics on the Registration Form
2:15 - 2:30	<b>Break</b>
2:30 - 3:45	<b>Workshops</b> Select one workshop from the four topics on the Registration Form

**Cost: \$50. Registration limited to 125**

**Please turn over →**

**For more information and to Register, [please CLICK HERE](#)**

or visit our website at: <http://www.theroyal.ca/events/professional-development/>

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## ***Unlocking Factors related to Treatment Resistance: Keys to Recovery***

**Participate in your choice of two of the following Workshops:**

### **+ Responding to Crisis in the Community: Successes and Challenges for Community Teams**

**with Alison Freeland, MD, FRCPC, and Susan Farrell, Ph.D., C.Psych, The Royal**

#### **Learning Objectives:**

1. To appreciate the different roles that individual treatment teams in the community plan with respect to crisis situations
2. To be aware of different precipitants contributing to development of mental health crisis in community settings
3. To understand some of the challenges and limitations facing community treatment teams in responding to Crisis

### **+ Activating People with Cognitive and Negative Symptoms**

**with Real Backlund, RT, Angela Stewart, Ph.D., C.Psych, The Royal**

We work with a group of very challenging patients who some have varying degrees of poor motivation, poor insight, and illness. It is very frustrating when trying to motivate our patients to participate in activities that work in conjunction to their medication in making them better. In this workshop we will discuss these frustrations and discuss the techniques used to get patients motivated so they can be better integrated into the community on discharge.

### **+ CBT for Residual and Complex Symptoms**

**with Dr. Matthew Kerr, C.Psych and Dr. Nicola Wright, C.Psych., The Royal**

#### **Learning Objectives:**

1. How to work with and understand psychosis using a normalizing and meaning-making CBT approach
2. How to use CBT strategies for psychosis to decrease distress and improve quality of life
3. How to work therapeutically with clients who have distressing delusions, in particular those that are crystallized or have incorporated the therapist and/or the treatment team.
4. How to empower clients who hear voices to use CBT strategies and tools.

### **+ Strategies to deal with Addictions**

**with Jean-Marie Ribeyre, MD, ACTT and Robert Hickson, CCADC, The Royal**

#### **Learning objectives:**

1. Define, in detail, the differences between substance use, substance abuse, and substance dependence
2. Learn about the specialized role of an addiction counselor on a psychiatric unit
3. How or why does a substance abuse disorder complicate the treatment of schizophrenia

- **Register yourself or a group;**
- **Select your two (2) afternoon workshop choices;**
- **Let us know if your organization would like to promote awareness at the event with a Display Table.**

**[For more information and to register, please Click Here](#)**

**Registration Fee: \$50. (includes lunch and breaks)**

**Registration limited to 125**

**For more information, contact the Lucie Moore, Education Event Planner at [lucie.moore@theroyal.ca](mailto:lucie.moore@theroyal.ca) or phone 613-722-6521, ext 6570.**