**KRISTA LYNN JOSEPH**

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**EDUCATION**

September 2007 **University of Ottawa, Ottawa, Ontario**

to December 2012 Completed Undergraduate Bachelor of Arts with a major in Psychology and minor in Sociology

1994 to present **Lifesaving Society, Ontario**

Completed and updated Standard First Aid, CPR-C, and AED training

Certified NLS lifeguard and swimming instructor

# **ADDITIONAL INFORMATION**

# **Bilingual**: Fluent in both English and French (Oral, Written and Reading).

**WORK EXPERIENCE**

October 2013 **Ottawa Victim Services: Victim Support Worker, Ottawa, Ontario**

to present Responsibilities: Provide emotional, practical support and referrals to individuals who have been victimized as a result of crime or tragic circumstance by telephone, on-scene and in our victim services office.

October 2008 **YMCA-YWCA: Lifeguard, Team Leader and Instructor**, **Ottawa, Ontario**

to present Responsibilities: Supervising new staff and passing on knowledge unique to the Metro Central YMCA. Preventing accidents by enforcing policies, procedures, rules and regulations while supervising the pool area, performing rescues and first aid when necessary, educating the patrons in safe swimming and proper techniques, reporting hazards, testing water for chlorine levels and pH and writing lesson plans for better success of swimmers.

June 2008 **Department of National Defence: Blackdown Cadet Training Camp, CFB**

to September 2013 **Borden, Ontario**

Responsibilities: (Seasonal Employment) Cleaning duties, training new staff members, working closely with a diverse team and reporting hazards and repairs to supervisor.

Summer 2010 and **Simcoe County Children’s Aid Society: One-to-One Worker**

Summer 2012 Responsibilities: Classroom setting. Developing activities and lesson plans for marginalized and at-risk youth. Filling out daily case reports on the progress made in class. Ensure a safe and encouraging environment.

August 2005 **McDonald’s Restaurant, Barrie, Ontario**

to July 2008 Responsibilities: Drive-thru supervisor, dealing with the public, handling financial transactions, stocking restaurant supplies and cleaning duties.

 References available upon request