

### **SCHEDULE**

Select which day(s) you will be attending:

Day 1: Monday, June 9, 2014
Day 2: Tuesday, June 10, 2014
Day 3: Wednesday, June 11, 2014
Day 4: Thursday, June 12, 2014
Day 5: Friday, June 13, 2014

### **RATES**

(early bird rates apply to registrations received before Saturday May 10, 2014)

Select which rate applies to your selection:		Ea	Early Bird		Regular	
One da	у		\$200		\$225	
Two da	ys		\$350		\$400	
Three o	lays		\$450		\$525	
Four da	ys		\$525		\$600	
Five da	ys		\$600		\$650	

Fees include refreshments and all workshop materials. Lunch is not included. Our training services are HST exempt. Contact us to inquire on group discounts.

A confirmation of your registration will be sent to the coordinates below

### CONTACT INFORMATION

First/Last Name:	
Organization:	
Mailing Address:	
Address Line 2:	
Email:	
Telephone #:	
Fax #:	

### **PAYMENT**

TOTAL AMOUNT OWIN	\$							
Payment will be made via (please circle one):								
Cash/Debit (At Our Office)		Cheque Inclosed)		Credit Card (Info Below)				
Type of Card:	Visa		Mastercard		Amex			
Name:								
Credit Card #:								
Expiry:	1	1						
I authorize The Men's Project to charge my credit card the amount indicated above:								
Signature:								

Please return to bsabourin@themensproject.ca

### In Collaboration With:





## **1in6 Canada: The Nation's Knowledge Centre on Sexual Trauma and Recovery**

The centre's goal is to provide public education, training, counseling service direction, research and other resources to Canadians and agencies coast-to-coast-to-coast.

www.1in6.ca

### The Men's Project

Is a professional counselling agency dedicated to men and their families. It offers individual, couple and group therapies, along with a dedicated, long-term sexual abuse treatment program.

www.themensproject.ca

180 Argyle Ave., Suite 327 Ottawa, ON K2P 1B6 Tel: 613.230.6179 info@1in6.ca

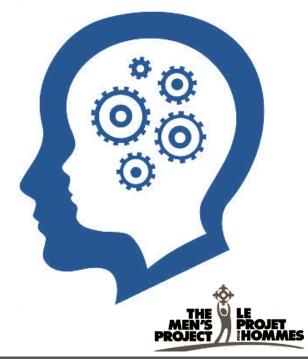
### CERTIFICATION

Certificates for submission for education credit will be provided upon completion of workshop(s).

#### **CANCELLATION POLICY**

Cancellations made 10 business days prior to the session date will be fully refunded minus a 25% administration fee. Within 10 days of the session, there will be no refund. However, registrations can be transferred to a colleague. Please let us know if you transfer your registration, so that we can update our records for the session(s).





Summer 2014

Summer Institute on Men, Trauma & Recovery June 9 – 13, 2014

### 1in6 Canada/The Men's Project

180 Argyle Ave., Suite 327 Ottawa, ON K2P 1B7 Tel: 613.230.6179 Fax: 613.230.6173

www.1in6.ca

# Meet the Trainers



Rick Goodwin (MSW, RSW) is both the co-founder and Executive Director of The Men's Project, as well as co-author of: Men & Healing: Theory, Research, and Practice in Working with Male Survivors of Childhood Sexual Abuse

Ray Roberston (MSW, RSW) is a registered sex therapist in the Ottawa area who focuses on problematic sexual behaviour, sexual dysfunctions, relationship difficulties and sleep issues.

**Dr. Brenda Saxe** (Ph.D.) is a Registered Clinical Psychologist and one of the founders of the Centre for Treatment of Sexual Abuse and Childhood Trauma in Ottawa where she served as Clinical Director for over ten years. She has lectured on trauma both nationally and internationally.

## Workshops

Day 1: Monday, June 9, 2014

### TRUTH TELLING:

The Case Statement for Male-Centred Trauma Therapy

Rick Goodwin, MSW, RSW

Truth Telling will explore both the conceptual and practice implications of a male-centred approach to trauma therapy. Examining many of the concepts imbedded in the new psychology of masculinity, this session will allow for a necessary conversation of what constitutes the critical intersection between male socialization and psychotherapy with men. This is essential learning in taking on work with male survivors, and is vital to ensure trauma treatment services have integrity and relevance in speaking to the reality of men's lives.

## Day 2: Tuesday, June 10, 2014 TRAUMA AND ATTACHMENT

Brenda Saxe, PhD

All personality development is based on one's attachment history within one's family of origin. When this attachment history is impacted by childhood sexual abuse, which is an attachment trauma, ones' sense of safety and security not only within the family but also with the world is affected in multiple ways. This presentation will look at the effects that the trauma of childhood sexual abuse has on the development of the brain and the development of attachment, which in turn, impacts the development of mind and ultimately, personality. The topic of treatment of survivors of childhood sexual abuse from at attachment perspective will be addressed.

Day 3: Wednesday, June 11, 2014

### **RE-VISIONING MEN'S VIOLENCE:**

### Working with Men Experiencing Anger and Rage

Rick Goodwin, MSW, RSW

Hurt people hurt people. Working this premise, join us for a training day that addresses key conceptualizations and strategies in working with men who experience anger, rage and violence. Using a male-centred approach to therapy, the training will examine both cognitive and emotional strategies aimed at engaging them in the respectful process of change. Emphasis will be placed on ego state approaches, and those that speak to experiential ways of learning. Participants will be able to leave the training with different approaches, interventions and strategies that can speak equally to both individual and group therapy.

Day 4: Thursday, June 12, 2014

### **SEX STUFF:**

### Dysregulated Sexual Behavior, Intervention & More

Ray Robertson, MSW, RSW

Inevitably, the wounds of many male survivors permeate into their sexual and intimate lives. Sexuality issues abound: sexual compulsions, sexual identity confusion, sexual risk taking, sexual anorexia, infidelity, homophobia, fears of intimacy – and the list goes on. Given the weight of shame, these issues are generally not self-identified by survivors. It requires knowledgeable, sensitive and strategic interventions to bring these forward. The training will have a particular focus on understanding and engaging with dysregulated sexual behaviour. Amid the hype and media coverage of high profile celebrity cases, the "sex addiction" approach to conceptualizing poorly regulated sexual behaviour is often presented uncritically as the treatment modality of choice. This training will critically examine the assumptions and limitations of the sex addiction model in treating dysregulated sexual behaviour, as well as utilize clinical material to explore constructive treatment options grounded in the basics of psychotherapy.

Day 5: Friday, June 13, 2014

### MALE TRAUMA SERVICES PROGRAMMING:

### From Engagement to Reintegration (Day 1 is a pre-requisite for Day 5)

Rick Goodwin, MSW, RSW

Male Trauma Services Programming focuses on the essential components of effective trauma treatment for male survivors of sexual trauma. From intake and assessment, to phased treatment issues, and more, this day will examine the best in research and treatment design as represented in TMP's award winning Men & Healing model of services.

The focus of the day will be on the core psycho-educational curriculum best suited for short-term or first phase engagement with men. Based on recent curriculum utilizing both Canadian and Australian models, participants will benefit not with instruction of the curriculum material, but also time to examine how individual and group services can complement treatment. All participants will also receive the curriculum Men & Healing suitable for reproduction.