



Child and Youth Mental Health Conference:

Brought to you by the Child and Youth Specialized
Psychiatric Mental Health Services (CY-SPMHS) at
The Royal and CHEO



Organizing Committee:

Dr. Smita Thatte, Christine Slepanki, Dr. Helen Spenser, Cathy MacLean, Amy Quinn, Laura MacLaurin

Speakers:

Dr. Leah Layman-Pleet and Dr. Ginette Goulard

Date and Time

Friday, May 29, 2015 | 8:30 AM – 4:00 PM

Agenda

Lectures:

- *Feeling Their Pain: Chronic Suicidal Ideation and Self-Harm in Youth*
- *Treatment of Anxiety and Depression in Youth: What Works and What Doesn't*

Workshops:

- *Using Twitter as a Tool of Communication with Youth*
(Dr. Gail Beck and Laura Kidd)
- *Engaging Youth: Motivating Teens toward Positive Change*
(Wendy Nuttall and Mike Soulliere)
- *PTSD*
(Dr. H  l  ne Cadotte and Dr. Suzanne Marcote)

Target Audience

This conference will be of interest to mental health professionals in the community, hospitals, mental health agencies, and other health care professionals.

Location

The Royal, Associates in Psychiatry Auditorium
1145 Carling Avenue, Ottawa

Cost

Early Bird Rate: \$85 (available until April 6)
Regular Rate: \$100 (effective April 7)
Lunch and health breaks are included

Registration

To register please visit:

<https://www.regonline.com/Youth2015>

For more information, please
contact Amy Quinn at
amy.quinn@theroyal.ca or
613.722.6521, ext 6570.

Or visit www.theroyal.ca