

**Ottawa Mental Health Professionals…**

**You are invited to a breakfast presentation by Dr. Andrew Wiens**

**In honour of Mental Health Week**



**“How to Avoid Getting Dementia”**

A presentation that describes recent findings on risk factors for dementia as well as strategies that may reduce their impact.

Monday, May 2, 2016

Canadian Mental Health Association, Ottawa Branch

1355 Bank St., Suite 402

Breakfast at 8:00 a.m. followed by the presentation at 8:30.

Space is limited. **Please pre-register with Donna-Lynn Peron at 613-737-7791 or email** **dperrin@cmhaottawa.ca**

Dr. Andrew Wiens is an Associate Professor of Psychiatry with the University of Ottawa, head of the Division of Geriatric Psychiatry, Faculty of Medicine, of the University of Ottawa, and director of Continuing Medical Education for the Department of Psychiatry.

