

## SEPTEMBER 10 IS WORLD SUICIDE PREVENTION DAY

The Ottawa Suicide Prevention Coalition (OSPC) is hosting a free bilingual breakfast event to commemorate World Suicide Prevention Day.

**Date:** Friday September 9th , 2016  
**Place:** RA Centre, 2451 Riverside Drive in the Clark Hall.  
**Time:** 8:00 a.m. to 8:30 a.m. **Registration and Continental breakfast**  
8:30 a.m. to 10:00 a.m. **Presentations**

### Two Programs will be highlighted:

#### 'Surviving Moment to Moment: The experience of living between life and death for those with repeat suicide attempts'

Speaker: Yvonne Bergmans, MSW, RSW, Suicide Intervention Consultant, Lecturer-University of Toronto, Suicide Studies Research Unit, St. Michael's Hospital, Toronto.

*Participants will learn about the program, the research behind it, and what participants in the intervention identify is needed so they are able to feel connected, are able to communicate, and know that there are people who care. (English)*

#### 'The Community Post-Suicide Support in Ottawa Project'

Speaker: Renée Ouimet, MSW, RSW Coordinator of the Ottawa Suicide Prevention Coalition and Post Suicide Support Team at Canadian Mental Health Association, Ottawa Branch

*Participants will learn about the current review of the post suicide support team (PSST) response in Ottawa, which aims to increase visibility and uptake of the PSST, while ensuring evaluations can be completed and findings implemented on an ongoing basis. (French)*

To register, please contact CMHA, Ottawa by email at [reception-t@cmhaottawa.ca](mailto:reception-t@cmhaottawa.ca) or call at 613-737-7791

