

Integrated youth mental health care: Current state and future directions

Among youth, the prevalence of mental health and addiction (MHA) disorders is roughly 20%, yet youth are challenged to access appropriate, high quality services in a timely fashion and transition failures plague the system. To address these gaps, integrated and stepped care models of youth mental health service delivery have been proposed. These models are strongly rooted in youth and family engagement and emphasize collaboration across sectors. This presentation will describe a pragmatic randomized controlled trial comparing integrated collaborative care offered through a community-based walk-in service delivery platform to treatment-as-usual offered through hospital-based outpatient adolescent psychiatric services. This one-stop-shop model of care has been co-created by youth, families, clinicians, researchers and administrators, as has been the trial itself. The model combines services from organizations across sectors (health, mental health, housing, family services) and includes evidence-informed treatment options tailored to individual level of need. The integrated approach is expected to have shorter wait-times, better clinical outcomes, be experienced as more patient-centred, and be more cost-effective than hospital-based care. Discussion of this study will be situated in the broader Canadian and international context of youth mental health system transformation. Challenges and facilitators of implementation will also be described.

Learning Objectives:

- Describe integrated youth mental health care models
- Identify potential benefits of integrated youth mental health care models
- Describe the current Canadian and international contexts for integrated youth mental health care models



Presenters

Dr. Joanna Henderson, Ph.D. C.Psych.
Director, Margaret and Wallace McCain
Centre for Child, Youth and Family Mental
Health
Implementation Director and Scholar,
Cundill Centre for Child and Youth
Depression
Associate Professor of Psychiatry,
University of Toronto
Centre for Addiction and Mental Health
(CAMH)

Date and Time

Friday, March 3, 2017, 12 noon
(lunch will be served at 11:30am for those who
pre-register and stay for the lecture)

Location

The Royal, 1145 Carling Avenue,
Auditorium

Registration

This FREE PUBLIC LECTURE will
be given in English. Reservations are
required and lunch is provided to those
who RSVP and stay for the lecture.
Please confirm your attendance to
Jennifer Hayes at 613.722.6521 ext.
6537 or jennifer.hayes@theroyal.ca. To participate in this event by
videoconference, contact your local
OTN Telemedicine Coordinator to help
reserve a room and system at your site
that is videoconference enabled.