



Ottawa Inuit
Children's
Centre

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Seeing the Light Conference 2017

Please return registration forms to Rachel Quinn, Manager of Cultural Education Initiatives, on or before **April 28, 2017**.

If you have any questions regarding **Seeing the Light**, please contact Rachel by:

Phone: 613.744.3133 ext.214

Email: rquinn@ottawainuitchildrens.com

Fax: 613.744.7629

Participant Name: _____

Company/Organization: _____

Position: _____

Contact Information: _____

Dietary Restrictions: _____

Please choose 1 Morning, and 1 Afternoon workshop (see Page 2 for workshop details)

Morning: 1: _____

Afternoon: 2: _____

Method of Payment:

Invoice to Organization:

Name of Person/Organization: _____

Contact Name for Invoicing: _____

Address: _____

Cheque/Cash Payments Only:

Payment must be received on or before 9:00am on May 9, 2017, unless otherwise discussed with Rachel Quinn.

Please make cheques out to:

Ottawa Inuit Children's Centre, Seeing the Light
230 McArthur Avenue
Ottawa, ON
K1L 6P5



Please choose 1 morning session and 1 afternoon session (*Total of 2 workshops*)

Morning:

A. Traditional and Modern Inuit Families

Culture and traditions shape how children are raised and cared for. Inuit families have changed over the past 100 years as a result of colonialism, residential schooling, and in some cases, migration to urban settings. Learn how children were raised before contact, how families have changed, and culturally appropriate practice when working with Inuit families.

B. Traditional Knowledge: The Pillars of Inuit Strength and Resiliency in the Face of Harsh Climates and Times

Begin to appreciate and understand the strength and resilience of the Inuit community by learning about the resourcefulness, innovations, and values that have helped Inuit survive in harsh climates and times and how it is integral to healing and succeeding.

C. Rapid Acculturation: From Nomadic Lifestyle to Modern Day Living

Hear first-hand stories of Inuit only one to two generations apart but with dramatically contrasting ways of life and cultural knowledge. Listen to the differences between the generations to understand the struggles of loss, and the determination to keep and reclaim culture, language, identity and mental health.

D. Les Familles Inuit Traditionnelles et Modernes

La culture et les traditions façonnent la façon dont les enfants sont élevés et soignés. Les familles inuit ont changé au cours des 100 dernières années en raison du colonialisme, de l'éducation résidentielle et, dans certains cas, de la migration vers les milieux urbains. Apprenez comment les enfants ont grandi avant le contact, comment les familles ont changé et pratique culturellement appropriée lorsqu'ils travaillent avec des familles inuit.

Afternoon:

E. Communication and Language

Did you know that the Inuit language uses syllabics instead of an alphabet? If an Inuk raises his eyebrows at you, is that a good thing? Come learn your "i, pi, ti, ki's" along with common words and phrases. We will also discuss common non-verbal cues and what they mean to help you communicate better with your Inuit clients and provide client-centred care.

F. Moving Forward Towards Reconciliation and Healing

Join Reepa Evic Carleton for a simple, yet powerful, healing exercise where participants will share stories of challenges and successes, and focus on letting go that which is no longer needed. This visual, interactive exercise can be used with clients in moving them to the next step, and assisting in their healing journey.

G. Inuit Culture and Celebrations

Do Inuit smudge? What can I offer an Inuk Elder; is tobacco appropriate? Inuit culture often gets lost in Pan-Aboriginal approaches, but Inuit have their own culture and have long celebrated dates and events that contribute to survival. Come and learn the beauty and uniqueness of Inuit culture and how you can build more cultural awareness into your work/practice.

H. Les Inuit Urbain

Les Inuits d'Ottawa sont l'un des plus démographiquement les plus en croissance et nous assistons maintenant à un changement où plus de 50% des enfants inuits d'Ottawa sont nés et ont grandi dans le « sud ». Cet atelier portera sur les caractéristiques démographiques des Inuits dans le Sud, les défis auxquels ils sont confrontés et fournira des ressources pour aider les organismes ordinaires à offrir des services pertinents sur le plan culturel.