# SEPTEMBER 8<sup>TH</sup> 2017 TALKING ABOUT SUICIDE SAFELY: MORE THAN 13 REASONS WHY

## Presented by the Ottawa Suicide Prevention Coalition to commemorate World Suicide Prevention Day

Increasing public knowledge and interest is transforming the way society thinks and talks about mental health. This presents a unique opportunity to shape the way that people understand suicide. However, media portrayals such as 13 Reasons Why show that we still have a long way to go in getting the message right. This presentation will describe our most up-to-date understanding of both the benefits and pitfalls

of media-related suicide prevention
efforts. It will outline a path towards
safer and more accurate public
discourse that emphasizes hope
and resilience.

#### **GUEST SPEAKER**

Dr. Mark Sinyor, Psychiatrist at Sunnybrook Health Sciences Centre, and Assistant Professor in the Department of Psychiatry at the University of Toronto.

#### **REGISTRATION REQUIRED:**

https://tinyurl.com/y9y2ypoy





#### 8:00am -8:30am

Registration and Continental Breakfast

### 8:30am -9:30am

Update on Ottawa Suicide Prevention Coalition Activities

#### 9:30am -11:00am

Presentation

#### 11:00am -11:30am

**Question Period** 

#### **LOCATION:**

RA Centre – Clark Hall 2451 Riverside Drive, Ottawa, ON K1H 7X7

Free event
Free parking on premises