

THE OTTAWA FAMILY MENTAL HEALTH CAFÉ

RESEARCH STUDY

WHEN

Saturday September, 15
2018

TIME

8:30am to 12:30pm

LOCATION

CMHA Ottawa
1355 Bank Street, Suite 402
(Boardroom A)
Ottawa, Ontario
K1H 8K7

QUESTIONS? CONTACT:

Joelleann Forbes

Research Coordinator

Email: fmhproject@gmail.com

OR

Julie Levesque

CMHA Ottawa

Administrative Assistant

Call: 613-737-7791 ext. 217

Like Us on Facebook:

<https://www.facebook.com/familyMHcafe/>



Take a seat. Join the conversation. Influence practice and policy.

The Ottawa Family Mental Health Cafés will explore relationships and caring in families that have an adult member who has been diagnosed with a long-term mental illness. The Cafés are part of a research study led by Prof. Charmaine Williams, PhD, at the Factor-Inwentash Faculty of Social Work at the University of Toronto. Please join us to share your experiences and insights as a member of a family affected by mental illness.

Please contact us if you meet the following criteria:

- You are 18 years of age or older
- You are a person diagnosed with mental illness, or a child, parent, sibling, partner, close friend etc. of a person with a diagnosis
- You are able to provide informed consent
- You are comfortable communicating in English
- You are able to provide consent.

Service providers, educators, and advocates working with families are also welcome!

Register for a screening interview through Eventbrite:

<https://www.eventbrite.ca/e/ottawa-family-mental-health-cafe-registration-48000464682>

Facilitation for francophone participants available

LIGHT REFRESHMENTS WILL BE SERVED!



Canadian Mental
Health Association
Ottawa
Mental health for all

Association canadienne
pour la santé mentale
Ottawa
La santé mentale pour tous



FACTOR-INWENTASH
FACULTY OF SOCIAL WORK
UNIVERSITY OF TORONTO

This event will be recorded

This study has been approved by the
University of Toronto Research Ethics Board

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