

Ottawa Mission
35 Waller Street
Ottawa, Ontario
K1N 7G4

December 1, 2018

Dear Potential Applicant,

Thank you kindly for your interest in Discovery University (DU). The Ottawa Mission and its partner agencies are very excited to present three free university-level courses for the Winter 2019 Term. The courses for Winter 2019 are:

1. *"Is There Love at First Sight?"* taught by Matthew Sorley of Carleton University,
2. *"You call that art? Philosophical reflections on the nature of art"* taught by Monique Lanoix of St. Paul University, and
3. *"Trying to be good: Moral Psychology and Moral Development"* taught by Stuart Hammond of the University of Ottawa

Please note that, in order to attend Discovery University, applicants must be experiencing homelessness or living on a low income, be over 18 years of age, have a willingness to learn and have stable mental health and addictions under control.

The Ottawa Mission is currently accepting applications to all of the above mentioned courses. Attached, please find three documents (application form, student guidelines and questionnaire) which must be filled out completely and returned by email, mail or fax to the Ottawa Mission by **Friday January 11th, 2019 at 4:00 pm the latest**. Following this letter you will also find important course information and descriptions.

You may also complete this application online. Please visit <https://ottawamission.com/discovery-university-application/> for the online application form. If you are filling out the application online, you will be required to sign a hard copy of the Student Guidelines on your first day of class.

If you require any other information, please do not hesitate to contact the Ottawa Mission.

Best wishes,



Ann Elliott
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Ottawa Mission
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Description of “Is There Love at First Sight?”

Is there such a thing as love at first sight? What about smartphone addiction? Does money buy happiness? Is it better to be introverted or extroverted? Are millennials really all that different? Good science starts with good questions. This course attempts to address some of the most popular psychological questions by examining the evidence on how personal and social factors influence our thoughts, feelings, and behaviours. Sessions will include a consideration of human development, personality, health beliefs and behaviour, and social relationships. There will also be an opportunity for students to select questions that interest them the most. Students will discover that the answers are rarely simple and will leave with a more thoughtful approach to considering the psychological questions of the day.

About the Instructor:

Matthew Sorley is an Instructor and the Experiential Learning Chair with the Department of Psychology at Carleton University. Over a 20-year career, he’s taught courses such as Introduction to Psychology, Sport and Performance Psychology, numerous first-year seminars, and more. Matthew was pleased to bring The Psychology of Performance to Discovery University during the winter of 2018. He has earned a Carleton University Teaching Achievement Award and the Carleton Professional Achievement Award for his work with students. Prior to Carleton, he served as an Instructor with the Crisis Management and Human Psychology Program at Algonquin College, the Training Coordinator and a Crisis Intervention Team Leader for a 24-hour crisis hotline, and was a member of the Ottawa Post-Suicide Interagency Debriefing Team. Prior to entering the field of psychology, he completed a law degree. Matthew loves the Toronto Blue Jays and used to be much, much taller.

Course Times:

The course will be held each Friday at The University of Ottawa from 12:00pm-2:00pm starting January 25th – March 29th 2019. The classroom is located in Simard Hall, room 422 (SMD422). Weekly discussion group sessions will take place each Wednesday at the Continuing Education Centre at 440 Albert St Ottawa, ON K1R 5B5 (cafeteria) from January 30th to March 27th, 2019. A light supper will be offered at 6:30pm before the tutorial sessions with the discussions running from 7:00pm-8:30pm.

Description of “You call that art? Philosophical reflections on the nature of art”

This course examines theories of art as they pertain to the visual and performative arts. We will discuss what philosophers have had to say about painting, plays, as well as the performance arts. We will begin by reading some historical writings in the philosophy of art while also looking at more recent writings. The first question we ask and try to answer is: who decides what art is? Then we will explore the various ways in which art can be classified, such as imitating nature, as expressing feelings or simply as assembling random objects to confront the viewer. Throughout the semester, we will take into account new art forms, such as musical improvisation, rap and modern dance. In addition to the analysis of what constitutes art, we will also examine creativity and authorship. We tend to understand authorship as involving only one person. However, is that always the case? What about collective authorship and what about artistic performances that involve group improvisation? To complement our readings, and to explore these questions more fully, we will watch videos that pertain to different types of artistic productions and we will visit a local art space.

About the Instructor

Monique Lanoix is associate professor of philosophy at St. Paul University in the Center for Research in Public Ethics and Governance where she teaches courses in environmental ethics, feminist ethics and human rights. She works in medical ethics and her research focuses on nursing homes and access to long-term care. She also loves parrots.

Course Times:

The course will be held each Friday at The University of Ottawa from 9:30-11:30am starting January 25th – March 29th 2019. The classroom is located in Simard Hall, room 422 (SMD422). Weekly discussion group sessions will take place each Wednesday at the Continuing Education Centre at 440 Albert St Ottawa, ON K1R 5B5 (cafeteria) from January 30th to March 27th, 2019. A light supper will be offered at 6:30pm before the tutorial sessions with the discussions running from 7:00pm-8:30pm.

Description of “Trying to be good: Moral Psychology and Moral Development”

This course is about the way morality is studied in psychology. Many moral concepts are drawn from philosophy, but are studied scientifically. We will discuss what it means to try to be a good and moral person. Are we born good? What is the role of thinking and reasoning, and what about emotions and feelings? Does evolution work for or against us? How do people differ in the morality? Across ages? Across cultures?

About the Instructor:

My name is Stuart Hammond. I'm a professor at the University of Ottawa who teaches and researches developmental and child psychology. As a graduate student, I studied philosophy and psychology and I am very interested in theoretical and research questions about morality. My current research is on young children's cooperation and helping, and adolescents' volunteering and community service.

Course Times:

The course will be held each Friday at The University of Ottawa from 2:30-4:30pm starting January 25th – March 29th 2019. The classroom is located in Simard Hall, room 422 (SMD422). Weekly discussion group sessions will take place each Wednesday at the Continuing Education Centre at 440 Albert St Ottawa, ON K1R 5B5 (cafeteria) from January 30th to March 27th, 2019. A light supper will be offered at 6:30pm before the tutorial sessions with the discussions running from 7:00pm-8:30pm.