August 2020

The Living Room Calendar

August 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Support Staff contact info: Cory@aco-cso.ca; 613-238-5014 Ext. 227 Cynthia@aco-cso.ca; 613-238-5014 Ext. 236 Gord@aco-cso.ca; 613-238-5014 Ext. 242 Rametou@aco-cso.ca; 613-238-5014 Ext. 255 Sonya@aco-cso.ca; 613-238-5014 Ext. 253	For zoom and face to face in person support, appointment is required.  For support outside of scheduled One on One support hours, please contact staff to make arrangement.				1
3 CLOSED FOR CIVIC HOLIDAY	4 10am—3 pm: One on One Support Sonya @ 253 1-2 pm: Virtual Smudging Please contact Gord for zoom mtg info Gord@aco-cso.ca	5 10am—3 pm: One on One Support Cynthia @ 236  Zoom Eid Dinner Please contact Haoua for zoom mtg info Haoua@aco-cso.ca	6 10am—3 pm: One on One Support Rametou @ 255	7 1—5 pm: Food Bank Please sign up with Sonya x253 Sign up deadline Thursday at noon	8
Prisoners' Justice Day  10am—3 pm: One on One Support Gord @ 242	11 10am—3 pm: One on One Support Cory @ 227 Foot Care Please contact Sonya @253 to sign up	12 10am—3 pm: One on One Support Cynthia @ 236	13 10am—3 pm: One on One Support Rametou @ 255	14 1—5 pm: Food Bank Please sign up with Sonya x253 Sign up deadline Thursday at noon	15 3—5 pm: ACB Group Immigration update Please contact Rametou for zoom mtg info Rametou@aco-cso.ca
17 10am—3 pm: One on One Support Gord @ 242	18 10am—3 pm: One on One Support Sonya @ 253 6—7:30pm: Women's Social Contact Sonya @ 253	19 10am—3 pm: One on One Support Cynthia @ 236	20 10am—3 pm: One on One Support Cory @ 227	21 1—5 pm: Food Bank Please sign up with Sonya x253 Sign up deadline Thursday at noon	22
24 10am—3 pm: One on One Support Gord @ 242	25 10am—3 pm: One on One Support Sonya @ 253  Foot Care Please contact Sonya @253 to sign up	26 10am—3 pm: One on One Support Cynthia @ 236	27 10am—3 pm: One on One Support Rametou @ 255	28 1—5 pm: Food Bank Please sign up with Sonya x253 Sign up deadline Thursday at noon	Ottawa Pride Ottawa Pride
International Overdose Awareness Day  10am—3 pm: One on One Support Gord @ 242					