



# THE OTTAWA ABORIGINAL COALITION

## Research Project: Indigenous Community Members' Experiences of COVID-19

### Dear Community Members:

On behalf of the Ottawa Aboriginal Coalition (OAC), we hope that you and your families are keeping healthy and safe during these times. You are receiving this e-mail because you have attended an Ottawa Aboriginal Coalition Community Forum in the last two years (prior to COVID-19). We miss having the opportunity to gather with all of you in-person and catch up on what is happening in our community.

Over the last year, the OAC has been working with our partners Ottawa Public Health (OPH) and the University of Ottawa Institute of Mental Health Research to create a community-based research project called "*Ottawa Indigenous Community Members' Experiences of COVID-19.*" The research is looking at the experiences of the Urban Indigenous community members (First Nations, Métis and Inuit) since March 2020. We released the survey last week and hope to get 1,000 Indigenous community members to respond.

We are asking Indigenous people (First Nation, Inuit, or Métis), over the age of 18 years, and living in the Ottawa area to complete the survey . As part of their participation in this project we are providing:

- \$50 for your participation in the survey.
- A small gift.
- Mental health, cultural and spiritual supports after you have completed the survey.
- Referrals to appropriate services and programs in the Ottawa community.





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If you are an Indigenous person and over 18 please fill out the survey. If you are a non-Indigenous person, we would appreciate your help to circulate the flyer.

We would like to request everyone's assistance in the recruitment of participants for this project. Please see attached the poster to this email. We would greatly appreciate your support in circulating this poster to your networks – your website, Listservs, Facebook, Twitter, Instagram etc. On our Ottawa Aboriginal Coalition Facebook page, we have created a post about the project, please feel free to share this post if this is easier.

We greatly appreciate your support for this important research. If you have any questions, please feel free to contact the research assistants ([COVID19Research@ottawaaboriginalcoalition.ca](mailto:COVID19Research@ottawaaboriginalcoalition.ca)) for further information.

**Miigwetch, Qujannamiik, Maarsii, Thank you,**

*Ottawa Aboriginal Coalition Research Team*

