



**Looking** for work? Employed but needing **support**?

# iMentor

## **This exciting FREE program will:**

- Assist women to find jobs
- Provide an ongoing mentor for those employed who are struggling with using computers

## **Mentees will:**

- Build confidence in their abilities to function in a workplace
- Gain communication and teamwork skills
- Increase their computer skills
- Meet regularly with our Employment Mentor to assist them in attaining a positive work experience.

**For more information  
or to register interest,  
please contact Erin at**

**[directorpm@isisters.org](mailto:directorpm@isisters.org)**

**613-565-7337**

